

"MECHANICS N MOTION"



"Mechanics N Motion" DVD

Release Date - ApHC World Championship
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Get on board with 100x World and National Champion Mark Shaffer as he covers the true facts of the horse's mechanics in motion. This six-hour, two-disc set introduces the methods and techniques that hold the key to success in the show pen. In the DVD, Mark explains and demonstrates the methods and exercises that will provide a clear understanding of achieving physical and mental focus with your horse. He will also emphasize the extreme importance of transitions as well as detailing several exercises to enhance your current program.



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